

The Word of Sts. Peter & Paul



March 17, 2024

Saints Peter & Paul UOC
 8410 West 131st St.
 Palos Park, IL 60464
 V. Rev. Vasyl Sendeha — Rector
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Pray For Ukraine

From Our Hierarchs

**Parish Council
 President**

George Cepynsky
**Sisterhood of St.
 Anne**

Mary Wisniowski

**Church School
 Director**

Patricia Wolsko

Ukrainian

**Saturday School
 Director**

PM Olenka

**Church Choir
 Director**

George Cepynsky

**Seraphim Group
 President**

Debbie Pierog

50/50 Club

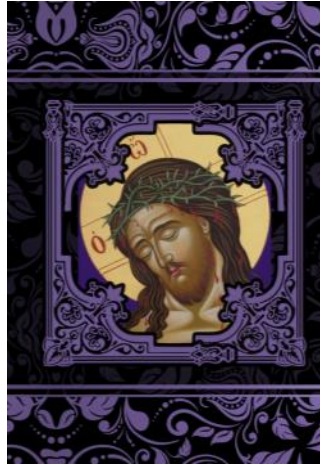
President

Ivan Bryndzia

Jr. UOL

President

Antony Sendeha



“Let us observe a fast acceptable and pleasing to the Lord.”

Dearly Beloved Brothers and Sisters – Clergy and Laity - Faithful of our Holy Ukrainian Orthodox Church throughout the World,

CHRIST IS AMONGST US! IS AND ALWAYS SHALL BE!

As we embark on the sacred journey of Eastern Orthodox Great Lent, let us fast not only from food but from sin and everything that leads us into sinful behavior, belief and deeds; let us fast with love and humility as a means to an end and not an end in itself; let us reflect on the purpose of fasting, as a foundation of our spiritual growth and the


desire to become one with God. Drawing inspiration from the Holy Fathers, who remind us of the transformative power of repentance, and Holy Scripture, which guides us on the path of humility, may this Lenten season be a time of profound self-reflection, prayer, and adherence to the teachings of our Holy Orthodox Tradition.

In the words of Saint John Chrysostom, “Lent is a healing therapy for the soul,” urging us to purify our hearts and draw nearer to the Divine. Let us heed the call of Saint Isaac the Syrian, who implores us to “make space for God within us.” Through fasting, prayer, and almsgiving, we strive to emulate Christ’s humility and seek a deeper connection with our Creator. The second Secretary General, Dag Hammarskjöld, of the newly created United Nations once expressed a profound thought – “The longest journey is the journey inwards, of him (or her) who has started upon a quest for the source of his (her) being.” As Orthodox Christians we are blessed daily in knowing the “Source of our being” through the Scriptural exposition of creation and God’s unending efforts to express His Love for us, even allowing the sacrifice of His Only-Begotten Son as a ransom for our salvation.


May the wisdom of the Holy Fathers and the guidance of Holy Scripture illuminate our Lenten journey, fostering spiritual renewal, repentance, and a profound sense of gratitude for that sacrifice of our Lord. As we walk this path together, let our collective prayers and endeavors strengthen our faith, bringing us closer to the Resurrection and the eternal joy that awaits. Each of us must enter Great Lent with the intention to begin the journey inwards with more intensity than ever before in our lives.

Yes, let us honestly fast from food with the goal of physical, mental and emotional effect as the first step in this journey inward. The effect should be hunger and comprehension of just how much our Loving God has provided for us. Then the fast must expand to include change of behavior – reading Holy Scripture, worshipping at all the Lenten liturgical services and putting aside the things that will, without doubt, distract us from the inward journey: our mobile phones, tablets, all forms of social media, all forms of visual entertainment that will not deepen our journey inwards to unity with the Divine.

Is the Lenten journey inwards easy? NO! Our salvation, however, demands that we embark upon it to have any hope at all to experience God’s energies. We cannot experience His Essence, but



Liturgical Schedule



<p>Sunday March 17 8:15 Matins 9:00am Hours 9:30am Divine Liturgy</p>	<p>The Sunday of Forgiveness. Tone eight. Cheesefare Sunday. Meat is excluded 1 Venerable Gerasimus of the Jordan (475). St. Daniel, prince of Moscow (1303). New Hieromartyrs Archpriest Dimitry Ivanov of Kiev (1933) John 20:11-18 (8th Matins Gospel) Romans 13:11-14:4 Matthew 6:14-21</p>
<p>Monday March 18</p>	<p>Canon of St. Andrew of Grete at 7:20pm</p>
<p>Saturday March 23</p>	<p>Pan-Orthodox Great Vespers 6:30pm St John the Baptist Greek Orthodox Church 2350 W. Dempster Street, Des Plaines, IL</p>
<p>Sunday March 24 8:30 Matins 9:00am Hours 10:00am Divine Liturgy</p>	<p>First Sunday of the Great Lent: Triumph of Orthodoxy. Tone one. Great Lent. Food with Oil St. Sophronius, patri- arch of Jerusalem (638). Venerable Alexis of Goloseyevsky Skete, Kiev Caves (1917). John 20:19-31 (9th Matins Gospel) Hebrews 11:24-26, 11:32-12:2 John 1:43-51</p>
<p>Sunday March 31 8:15 Matins 9:00am Hours 9:30am Di- vine Liturgy</p>	<p>Second Sunday of the Great Lent. Tone two. Great Lent. Food with Oil 1 St. Gregory Palamas the Archbishop of Thes- salonica. Synaxis of all Venerable Fathers of the Kiev Caves. St. Cyril, archbishop of Jeru- salem (386). Martyrs Trophimus and Eucarpus of Nicomedia (300). Venerable Ananias (Aninas), presbyter and monk, of the Euphrates. St. Edward the Martyr, king of England (978) (Celtic & Brit- ish). The 10,000 Martyrs of Nicomedia. St. Tetricus, bishop of Langres in Gaul (572-573) (Gaul). Venerable Daniel, monk of Egypt (6th c.). John 21:1-14 (10th Matins Gospel) Hebrews 1:10-2:3 Hebrews 7:26-8:2 (Saint)</p>

we can, having become one with Him at the core of our being, experience His uncreated and eternal energies or manifestations of His Divinity – as the Apostles Peter, James and John experienced His Divine Light – uncreated and pure – at the Transfiguration. May we all understand completely that the experience of the Apostles on Mt. Tabor is possible for each of us if our journey inwards is real, sincere and filled with love for God and for each other.

We shall be praying fervently for all of you throughout this Great Lenten Fast-Journey and we beseech your prayers for us, your Spiritual Fathers...

In our Lord's All-Encompassing Love,
+ ANTONY

By the Grace of God, Metropolitan – UOC of USA and Diaspora
+ DANIEL

By the Grace of God, Archbishop - UOC of USA and Diaspora

Sunday School Corner



Sunday School recap from 3/10/2024:

We took a break from our lessons on the Saints and had a refresher on Meat-fare and Cheese-fare Sundays. Meat-fare Sunday, which was last week, is also known as the Sunday of the Last Judgment. The focus was on doing good deeds. The children were asked to write down at least two good deeds that they could do in the coming week. We will see how they did. This Sunday, 3/17, is Cheese-fare Sunday—the Sunday of Forgiveness. This is a day when we should all ask forgiveness of our family, friends and neighbors. Is there someone in your circle of family and friends that you may have hurt intentionally or unintentionally by something you said or did... or didn't do? Asking forgiveness is not always an easy or comfortable thing to do but it's the right thing to do. During Cheese-fare week the eating of dairy products is permitted every day, though meat may no longer be eaten any day of the week. Great Lent begins Monday, March 18th.

We humbly ask your forgiveness, gentle readers, if we have offended you in any manner.

Yours in Christ-
Ms. Debbie & Ms. Karen

Parish Council

Monthly Meeting of the Parish Council is every second Sunday of the month. Next meeting is Sunday April 14, 2024 after Sunday coffee hour.

50/50 Club

We are excited to restart 50/50Club. Junior UOL along with their supportive parents will run the club.
All of the proceeds from the Club will go to Scholarship Fund of our parish.
Therefore, be on a look out for new information on 50/50club.
Please be supportive and participate.
Support children of our parish family.
Ivan Bryndzia & Vitalii Kulyk

College Scholarship Application

With the support of our Parish Council and our church parishioners, we are again offering a scholarship to a graduating high school student, who is a member of Sts. Peter & Paul Ukrainian Orthodox Church to help with the cost of furthering their education. Applications are available from Pat Wolsko and must be returned by March 24. The recipient will be announced at our annual St. Thomas Day dinner.

Sunday's Second Collection

For the month of March special second collection is dedicated to Parish College Scholarship Fund.



Sisterhood of St. Anne

God bless our Volunteers!
Working days:

March 18 Monday at 8:30am
March 19 Tuesday 19 at 5:30pm
March 20 Wednesday at 8:30am & at 5:30pm



Eternal Light

In memory of Olga Beck & Susan Ziegler
by her children Tony Beck & Susan Ziegler



Seven Day Vigil Candles

For the health of son Mykola and daughter Iryna
with family by Halyna Kashpar
God's blessings and restored Good health for Mike
Moran by the Tufano Family



For the health and God's blessings of Richard Kimak by Fr.
Vasyl

For the health of David Lindquist by John Batura
For the health of Patti Faye by John Batura
For the health of Jerry Labarge by John Batura



For the health and God's blessings of Katie Bruce by Fr. Vasyl

In memory of Newly reposed Antec. Memory Eternal Heaven-
ly Kongdom by Kashpar Family

In memory of my parents Pavlo & Polina by Halyna Kashpar
In loving memory of Elena by Lindquist & Batura Families

Donations in memory of Elena Batura

Lindquist & Batura Families—\$500.00

Anonymous—\$500.00

Monthly Memorial Service

March 17 In memory of my father Jakiv by Bureiko Family

In memory of my parents Peter and Helen Wolsko.
Requested by Pat Wolsko.

Monthly Panahyda March 24

In memory of Elena Batura on the 40th day of pass-
ing into eternal life.

Requested by Lindquist & Batura Families.

Liliana Roviario and family in memory of Father and Dido, Wasyl
Wanshula (Василь Ванжула) on the 20th anniversary of his pass-
ing (March 18).



Pan Orthodox Pre-Sanctified Liturgies

The Orthodox churches of the Palos area will come together to celebrate the Presanctified Liturgies on Wednesdays of Lent at 6:30 pm. Each parish will take turns to welcome local Orthodox clergy and laity and provide a Lenten potluck dinner after the Liturgy. Also, a brief Lenten reflection will be offered by one of our priests. Please mark your calendars.

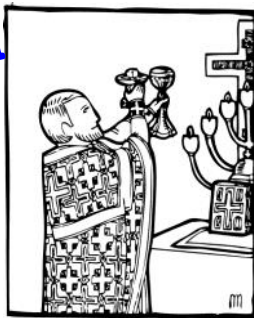
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Wednesday April 3 at 6:30pm

*St. Mary Antiochian Orthodox Church
6330 W. 127th St. Palos Heights, IL 60463*

Wednesday, April 10 at 6:30 pm

*Sts. Peter & Paul Orthodox Church
6980 S. County Line Rd.
Burr Ridge, IL 60527*



Wednesday, April 17 at 6:30 pm

*Sts. Peter & Paul Ukrainian Orthodox Church
8410 W. 131st St. Palos Park, IL 60464*

Prayer Corner for the Month of March

We ask all of you to remember in your prayers the following individuals, who are in need of God's healing and grace:

Michailo, Gail, Allie Branch, Mike Moran, Christopher Flavin, Even, Edward, Dave, Pat Lewandowski, Michael Melnyk, Lilia, Andy, Irene, Bohdan, Ralph Palm, Nikolai, David, Irene, Zoriana, Lev, Irene Belkow, Alla Grzyski, Kathy Grzyski, Nicole, John & Patti, Barbara Patronik, Katie Bruce, Michael Kimak, Chloe McKinney, Yuriy Zmysly, Dorothy Seliga, Halyna & Wolodymer Kashpar, Mykola, Priest Vasyl Dovhan, Frankie, Alexander, Anatoli & Pamela, Paul & Melissa, Olga, Janet, Sam and Natalia.

Pray for soldiers in Ukraine: Taras, Yaroslav, Pavlo, Slavko, Mikola, Victor, Taras, Yuriy, Stepan, Volodimer, Mykola, Svitlana, medic Stella, Oleg, Yuriy, Dmitro, Bohdan, Roman, Mykola, Kostia, Vitaliy, missing in action Volodimer, wounded Roman.

Pray for Our expecting mother:

Olha, Anhelina, Kelly, Olena

Coffee Hour Schedule



We are back to sponsored coffee hours

You can sponsor coffee hour monetarily by donating \$50.00 to cover the cost of one coffee hour.

If you would like to volunteer, please let PM Olenka or Fr. Vasyl know.

March 17—Jr. UOL Cheese-fare Sunday

Larson & Pierog Families

March 24—Stephania Turiy & PM Olenka

in memory of Elena Batura

March 31—Novak & Hubanova Family

April 7—Supilowski Family

April 14—open

April 21—PM Olenka

Mark your calendars

- ◆ Sunday, March 17 - Forgiveness Sunday Cheese-fare
- ◆ Sunday, April 21—Special Annual Meeting regarding Church Calendar

Допомога новим імігрантам/ Help for Refugees

Безкоштовне вивчення усіх документів для новоприбулих (Re-parol, TPS, Social Security, Work permit, Benefits) кожний Пенеділок та Середа 10:00-16:00 у Церковній залі. За інформацією просимо звертатись до Пм. Оленки Сендега “Асоціація Самопоміч.”



Безкоштовні уроки Англійської мови кожний Четвер о 6:00 вечора. Більше інформації 708-361-5165.

We offer free of charge consultation as well as filling up applications for Social Security, work authorization, benefits and TPS for new immigrants. *For more info see PM Olenka.*

Our Parish offers ESL (English as a Second Language classes in the evenings for adults as well as children free of charge. Every Thursday at 6:00pm at the Church hall.

For more information, please see Pat Wolsko.